Equipment for Hiking and Knitting tour with the Elves

Boots and Clothing – an opportunity to show off your beautiful handknits:

Hiking Boots – The boots should be of leather (or leather and synthetic) with high cut to give sufficient ankle support. Preferably the sole should be soft but robust.

Long sleeve shirt (thermal underwear) – Wool or synthetic.

Warm wool or fleece sweater (2nd layer).

Rain Jacket or an Anorak with hood – Preferably waterproof and breathable material (Gore-Tex or equivalents).

Hiking pants.

Rain trousers – Waterproof and breathable material.

Liner Gloves – Wool or synthetic (polypropylene / polyester).

Mittens – Wool or synthetic (optionally waterproof)

Socks – Wool or synthetic. Two or three pairs.

Hat or Balaclava – Wool or synthetic.

Other gear:

Sleeping bag – Down or fibre. Aim for light weight and warm bags. We recommend goose down with high "fill power" or top of the line synthetic bags.

Backpack for extra clothes and food for day hikes. Size: 30-50 litres.

A travel sack for your baggage that is transported between camps. Note that suitcases are to be avoided.

Swimsuit

Towel

Toothbrush.

Sunglasses – Big enough to cover the eyes and with sufficient UV-protection.

Sun protection.

Water container – Pet plastic bottle.

Knitting equipment

Circular needles, 60-80 cm / 24-32" long and very flexible (thin string in soft plastic), and/or double pointed needles: sizes 3 and 4 mm/US 3 and 6

Crochet hook nr 3/US C2 or D3

1 box of rustproof pins for blocking

A blocking sheet: a piece of foam or polystyrene or a flat cushion, about 30x30 cm / 12x12"

Darning needle, sharp darning needle, scissors

Sketchbook and pen

Any extra knitting equipment such as sets of needles in different sizes (5, 5 1/2 and 6 mm / US 8, 9 and 10 are common for lopi sweater), stitch markers, tape measure, pocket calculator, paper graph.

Optional gear:

Walking poles.

Gaiters – Calf or knee height and wide enough for your boots.

Camera, spare batteries and a memory card or films.

Ear plugs