



Equipment for Knitting on Ice

Boots and Clothing – an opportunity to show off your beautiful handknits too!

Light Hiking Boots – The boots should be comfortable to walk in and give sufficient support.

Long sleeve shirt and leggings (thermal underwear) – Wool or synthetic (1st layer)

Warm wool or fleece sweater (2nd layer).

Rain Jacket or an Anorak with hood – Preferably waterproof and breathable material (Gore-Tex or equivalents).

Rain trousers – Waterproof and breathable material.

Liner Gloves – Wool or synthetic (polypropylene / polyester).

Mittens – Wool or synthetic (optionally waterproof)

Socks – Wool or synthetic. Two or three pairs.

Hat or Balaclava – Wool or synthetic.

Indoor slippers (in the farm guesthouse)

Other gear:

Sleeping bag – Down or fibre. Aim for light weight and warm bags. Possibility to rent a sleeping bag: contact vera@mountainguides.is

A small backpack for extra clothes and knitting for day excursions.

Swimsuit

Towel

Toothbrush.

Sunglasses – Big enough to cover the eyes and with sufficient UV-protection.

Water container – Pet plastic bottle.

Ear plugs.

Warm inner slippers.

Optional gear:

Walking poles.

Gaiters – Calf or knee height and wide enough for your boots.

Camera, spare batteries and a memory card or films.

Knitting equipment: please make sure to bring your knitting equipment for the workshops - the yarn is supplied to knit the doll size sweater.

4,5 mm /US 6 needles (circular using Magic loop or DPN's), 1 circular needle of same size or smaller size, darning needle, crochet hook 3 mm/ US D3, needle and thread, scissors, markers, 4 little safety pins or stitch holders.

Any extra knitting equipment such as sets of needles in different sizes (4,5 and 5 mm / US 7,8 are common sizes for Léttlopi sweaters), tape measure, pocket calculator, ...