

Equipment list for Knitting and Hiking under the Midnight Sun

Boots and Clothing – an opportunity to show off your beautiful handknits:

Hiking Boots – The boots should be of leather (or leather and synthetic) with high cut to give sufficient ankle support. Preferably the sole should be soft but robust.
Long sleeve shirt (thermal underwear) – Wool or synthetic.
Warm wool or fleece sweater (2nd layer).
Rain Jacket or an Anorak with hood – Preferably waterproof and breathable material (Gore-Tex or equivalents).
Hiking pants.
Rain trousers – Waterproof and breathable material.
Liner Gloves – Wool or synthetic (polypropylene / polyester).
Mittens – Wool or synthetic (optionally waterproof)
Socks – Wool or synthetic. Two or three pairs.
Hat or Balaclava – Wool or synthetic.

Other gear:

Sleeping bag – Down or fibre. Aim for light weight and warm bags. We recommend goose down with high “fill power” or top of the line synthetic bags.
Backpack for extra clothes and food for day hikes. Size: 30-50 litres.
A travel sack for your baggage.
Swimsuit
Towel
Toothbrush.
Sunglasses
Sun protection.
Water container – Pet plastic bottle.

Optional gear:

Walking poles.
Gaiters – Calf or knee height and wide enough for your boots.
Camera, spare batteries and a memory card or films.

Knitting equipment:

Needles 2,5 mm and 3 mm /US 1 and 4 (for the mittens) and 4,5 mm/US 6 (for the steek) – either circular needles using Magic loop or set of 5 DPN's
Small safety pins, sharp tapestry needle, darning needle, thread and needle, markers, safety pins, scissors.